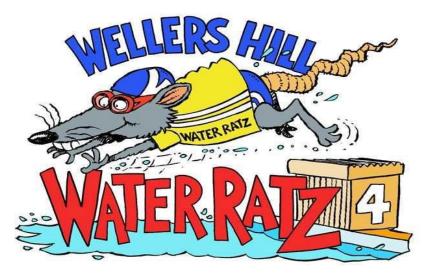
Wellers Hill State School



Amateur Swimming Club

Club Booklet 2023-2024 Swim Season

Welcome

- Welcome to all new and returning members of Water Ratz for the 2023-24 season. The Wellers Hill State School Amateur Swimming Club is a community-based club that has been operating for over 50 years. This swimming club aims to bring students together to socialize and swim in a friendly and supportive environment to develop social and competitive swimming skills.
- Friday night swim club provides the perfect opportunity to socialize with friends and then swim against them in the pool! Over the club's history, we have seen the development of many competent and confident swimmers and look forward to seeing many more children gain these skills. All swimming abilities are welcome.
- The running of a successful Friday night season depends heavily upon the involvement and enthusiasm of the parents. We are always in need of parents to time-keep, help in the canteen and with the BBQ. Please consider volunteering on a Friday night to support your children and meet other parents.
- Please feel free to see any of the committee members with feedback or suggestions. We look forward to having a fun-filled Friday night season!



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About Water Ratz

Swim Club

- The Club operates as a sub-committee of the Wellers Hill State School Parents & Citizens Association. The main function of the sub-committee is the organisation of Friday night Club nights.
- The Club's objectives are to foster water safety, promote fitness and encourage the general development and competitiveness of its members.
- Club nights are conducted on Friday evenings with the season running from October through to the following March, concluding with the Club Championships.
- The Club try to participate in interclub meets like Jubilee Shield and Southside Friendly.
- This season registration and payment for swim club will only be undertaken via the on-line bookings system website <u>https://flexischools.com.au/</u>.

Swim School

- The management of the Swim School is undertaken by the WHSS P and C Operations Manager. This includes responsibility for employment and management of staff, development of timetables with coaching staff, ensuring payment for lessons and management of parent queries.
- Bookings and payment for swim lessons is undertaken via the on-line bookings system on the Wellers Hill Water Ratz website <u>http://www.wellersratz.com/register</u>.

Location

All Club Nights and Club Championships are held at the Wellers Hill State School Pool. The pool is closed to the public and we rely on our members and families to assist in smooth running of the night (see VOLUNTEERS)

Announcements and Information Notices

Club news, results, important events, information about upcoming swim meets and information about cancellations due to weather are published on the Club's Facebook page - Wellers Hill Water Ratz. Please 'like' and check for updates.

Management Committee

The Club operates under the stewardship of the volunteers on the management committee. The committee members for this season are:

Position	Name
Head Coach	Rick Van Der Zant
WHSS P&C Operations Manager	Sarah Bocquee
Chair	David Robertson
Treasurer/Registrar	Kerrin Butler
Secretary	Keith Girvan
BBQ Coordinator	Chris Welldon
Computer Operator	William Suter
Canteen/Merchandise Coordinator	Seiko Patterson
Committee Members	Greg Burnett
	Glynn Pugh
	Callum McMillan
	Sara Moser

All committee members are contactable via the Club's general email address: <u>wellersratzswimclub@wellershillpandc.com.au</u>

Committee Meetings

Any club member can attend committee meetings. Please contact a committee member for details of the next meeting. New committee members are always welcome.

Safety

- It is the responsibility of parents to monitor the safety and behaviour of their own children.
- Children are not allowed in the pool until 6 pm.
- Parents must actively supervise their children from the pool edge during the warm up between 6:00-6:15 pm.
- No jumping or diving in.
- No running around the perimeter of the pool.
- If an accident occurs, please advise a member of the management committee to assist and also have the incident recorded.

There is a first aid kit in the canteen.

COVID-19

The Wellers Hill State School P&C along with the club committee have developed a COVID Safe plan that follows state government guidance. Find the full plan at the link below.

http://wellersratz.com/covid

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While we will continually monitor and adapt to changing restrictions we do have to follow some mandatory guidelines, in order to keep our members and the general public safe:

- If you are feeling unwell, you MUST stay at home
- Co-mingling of groups is not allowed
- Social distancing between family groups 1.5m
- Hand sanitiser will be available around the pool, please use it upon entry and exit
- Sharing of equipment, clothing and water bottles is prohibited.

Also, in order to comply with the COVID Safe Venue regulations, it is a CONDITION OF ENTRY that all people entering school venues will be required to record their attendance. This needs to be done **every time** you attend one of our venues and will be done via a QR Code that can be scanned.

Details will be kept, confidentially, for 56 days and then deleted. Personal details will ONLY be provided to QLD Health upon direct request. If you are unable to complete the online form, you MUST register your attendance at the clubhouse.

Insurance

The Club is affiliated with Marsh Advantage Insurance and this provides the club with 3rd party liability insurance. The Club does not provide insurance for individuals swimmers.

Privacy Policy

The information that you give to us will only be used for the effective operation of the Swimming Club. We may use the information to contact you and send you information required for the operation of the Club.

About Swim Club Nights

Aims

- To provide swimmers with a fun and friendly, yet socially competitive, atmosphere giving them the opportunity to experience carnival style races in a more relaxed environment.
- To provide competitive swimmers an opportunity to compete against other competitive swimmers and to monitor their progress against their own previous times.

To provide parents and families with an opportunity to socialize with other parents and families at the end of the working week.

Membership

Club membership is required for all swimmers wishing to swim and compete at Friday night Club nights. This season registration and payment for swim club will only be undertaken via the on-line bookings system https://flexischools.com.au/

- Membership is open to all school age children from Prep to high school. Club membership is not required for Learn to Swim Lessons and Squad Training.
- Club membership is not required for young swimmers who only complete half laps
- The membership fees for the season which includes Term 4, 2023 and Term 1, 2024 are:

New Swimmers (Club shirt included)

- Child 1 \$90
- Child 2 \$80
- Child 3 \$70
- Child 4 \$70
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Existing Swimmers (No club shirt)

- Child 1 \$70
- Child 2 \$60
- Child 3 \$50
- Child 4 \$50
- A \$10 per child fee reduction is offered if swimmers join in Term 1 i.e. half way through the season.
- All memberships are due by the 3rd week of commencement of Friday night Swim Club if no membership is paid you will not be allowed to participate until payment is made.

Registering and Paying for Swim Club

- 1. Goto <u>https://flexischools.com.au/</u>
- 2. Login or create an account
- 3. Click on "Notifications" and select the Swim Club registration
- 4. Follow directions for payment.

Attendance

All children must be accompanied by an adult on club nights. No child will be admitted to the pool enclosure unless accompanied by an adult who is to be responsible for the swimmers conduct at the pool and on the way home. Any child not accompanied by an adult will be excluded from races that night and the parent will be contacted and requested to pick up the child.

On Arrival

Gates open for Swim Club at 5:45 pm. A \$2 entry fee (per family) is payable at the gate.

Nominations

Half Lap Events

Nominations are not required for half lap events. Our half lap events are run every Club Night for those swimmers not at the stage to complete a minimum 25m swim. These are conducted as a relay with older swimmers helping. The new swimmers swim to the middle of the pool with an older swimmer completing the lap in the deep end and the new swimmer returning to the shallow end. This provides our younger swimmers a safe environment in preparation for their progression to completing a full lap. Swimmers go to the shallow end of the pool when the race announcer calls for swimmers for the half lap events.

Nominate On-Line Each Week For Races

Swimmers must nominate for the events they want to race in.

Nominations for club nights are taken on-line via the club website <u>www.wellersratz.com/nominate</u> or via the link on Facebook.

On-line nominations close at 5 pm on Friday.

It is preferable that swimmers nominate on-line to ensure races start on time on Club nights.

Nominations can also be made direct to the computer operator on club nights from approximately 5.45 pm and close promptly at 6.10 pm to enable a 6.30 pm start.

Program

- Club nights are run on Friday nights during Term 4 and Term 1 with swimming starting at 6:30 pm. The season concludes with the Club Championships in March.
- Four events are held each club night as per the below program. Swimmers must reach qualifying times before moving from 25m to 50m and to be eligible to swim in the 100m or 200m events (refer QUALIFICATION TIMES).
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Club Night Stroke Program

Events					
Date	1	2	3	4	
6-Oct	25m or 50m FREE	25m or 50m BACK	25m or 50 m BREAST	25m or 50m FLY	
13-Oct	100 m FREE	25m or 50m FREE	25m or 50m BACK	25m or 50m FLY	
20-Oct	100m BACK	25m or 50m FREE	25m or 50 m BREAST	25m or 50m FLY	
27-Oct	100 m BREAST	25m or 50 m FREE	25m or 50m BACK	25m or 50m FLY	
3-Nov	100m FLY	25m or 50 m FREE	25m or 50 m BACK	25m or 50m BREAST	
10-Nov	100 m FREE	25m or 50 m FREE	25m or 50 m BACK	25m or 50m FLY	
17-Nov	100 IM Jnr/Int Division	25m or 50 m FREE	25m or 50 m BREAST	25m or 50m FLY	
24-Nov	200 IM Snr/Open Division	25m or 50 m FREE	25m or 50m BREAST	25m or 50M BACK	
1-Dec	25m or 50m 25m or 50 m		25m or 50m BACK	25m or 50m FLY	
	Christm	as Break – Ha	ippy Holiday		
2-Feb	25m or 50m FREE	25m or 50m BACK	25m or 50 m BREAST	25m or 50m FLY	
9-Feb	25m or 50m		25m or 50m BACK	25m or 50m BREAST	
16-Feb	100m BACK	25m or 50m FREE	25m or 50 m BREAST	25 m or 50 m FLY	
23-Feb	100 m BREAST	25 m or 50 m FREE	25m or 50m BACK	25m or 50 m FLY	
1-Mar	100m FLY	25m or 50m FREE	25m or 50m BACK	25m or 50m BREAST	
8-Mar	100 m FREE Jnr/Int Division	25m or 50m FREE	25 m or 50 m BREAST	25m or 50 m FLY	
15-Mar	ar 200 m FREE 25m or 50m Snr/Open Division FREE 25m or 50m BACK		25m or 50 m FLY		
	22 N	/larch - NO CLU	JB NIGHT		
23 March CLUB CHAMPIONSHIPS - All strokes 25 m and 50 m					

Volunteers

To run successful club nights, we rely on help from all families. Please remember that the Swimming Club is run by parents just like you and most Committee members have regular jobs just like you. Volunteering not only assists in a smooth night but is also a great way to get to know other families. We thank you in advance for helping your children and the club.

Below is a list of the positions that need filling each club night. We expect each family to volunteer for at least 2 shifts in each term.

Function	Qty Required	Method	
Marshalls	2	Rostered	
Race Caller	1	Rostered	
Time Keepers	6	Volunteer on the night	
BBQ	3	Rostered	
Canteen	2	Rostered	

Marshalling

Marshalling can be a challenging job. Please assist by keeping track of the events during the night. Events will be announced throughout the night asking for swimmers to go to the marshalling area. All parents can help this key aspect of the club night by making sure your child is ready with cap on and goggles in hand. Please remind your child that they need to be quiet in the marshalling area, listen for their name and follow directions.

Wet Weather

- In the event of bad weather, a Club Night may be cancelled. Updates will be placed on our Facebook page by 5 pm.
- We do not allow any races to proceed during lightning storms. Should we have a storm after Club Night has commenced, swimmers will not be allowed into the pool and a decision will be made by the Committee on whether to continue or cancel the night.

Club Night Results

All swim times are recorded for each swimmer. These times are used to allocate points toward the Aggregates Points Champion within each age group. Results of times are made available on Facebook and website in the following week.

Supporting Your Child

Although we do focus on each swimmer achieving their personal best, it is not possible for this to happen every time a swimmer hits the water. We encourage the children to swim hard and try their best but Club Nights are held at the end of what is sometimes a long week for our children (and parents!) and swim times may vary considerably from week to week. Our job as parents is to encourage and support our young swimmers so we suggest focussing on encouraging the good aspects of each race rather than the time and outright position. The dive, high elbows, good stretch and strong finish are some of things you can focus positive encouragement towards in each race.

Make Some Noise!

We encourage you to make the atmosphere fun & exciting for the children. Get close to the pool, yell, cheer, and shout encouragement.



When you hear the bell ring, cheer even louder as one of the swimmers has qualified for 50 metres!

Your child is involved in one of the healthiest activities available to them (physically and mentally). Just getting in and competing and enjoying swimming with others is enough to be happy about. If you are relaxed, your child will be relaxed and enjoy swimming that little bit more.

- Also remember that the swimming club is a friendly, social environment where your children get a lot more development than just swimming. They get to
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socialise with other children and grow friendships, learn how parents and adults socialise and learn that volunteers are needed to help run these social and sporting events. Swimming Club provides the opportunity for children to develop physically, mentally and socially.

Club Night Rules & Procedures

Members please take the time to read the following information.

- 1. Membership of the club is open to all swimmers in our community, and any other person who wishes to participate for the benefit of the club.
- 2. No child will be admitted to the pool enclosure unless accompanied by an adult who is to be responsible for the swimmers conduct at the pool and on the way home.
- 3. Nominations for club nights are taken online via swim club web site, Facebook and by the computer operator on club nights from approximately 5.45pm and close promptly at 6.10pm,. This enables a 6.30 pm start.
- 4. Membership must be paid by the 3rd Friday night swim by the online payment at <u>https://flexischools.com.au/</u>. No membership no swim.
- 5. The consumption of alcohol on school land is not permitted without the permission of the Principal. The Swim Club shall inform members of any special events where permission has been granted.
- 6. Change rooms must be kept clean, neat and tidy. No one should loiter in the dressing sheds. Areas outside of the pool enclosure and under the grandstand are out of bounds.
- 7. When the whistle is blown prior to a race, there must be ABSOLUTE SILENCE by swimmers and all spectators, for the start of the race and until the swimmers are in the water.
- 8. Excessive movement (SWIMMERS AS WELL AS NON-SWIMMERS) is not permitted along the pool concourse.
- 9. Swimmers must wear bathing caps at all times while in the pool.
- 10. The race marshal will not delay any race for any swimmer who does not report when called.

- 11. Swimmers nominating in any new stroke must do a time trial in that stroke before competing in that event. Older children commencing Club may swim 50m in each stroke to be verified by Head Coach.
- 12. A competitor may be a "graduate" (capable of swimming 50m) in one stroke but a "novice" (able to swim 25m only) in other strokes.
 - StrokeGraduate Time25m Freestyle24 seconds25m Backstroke26 seconds25m Breaststroke29 seconds25m Butterfly26 seconds
- 13. Qualifying times to reach "graduate" status:

- 14. "Novices" are expected to advance to "graduate" as soon as possible.
- 15. A swimmer who advances to "graduate" and proves capable of swimming 50m will not return to "novice" in that stroke.
- 16. A competitor must qualify for 50m to be able to swim in the 100m or 200 m events
- 17. Members attending squad or learn to swim classes are encouraged to attend Friday Club Nights.
- 18. All events (excluding Club Championships) will be arranged in order of swimming times without regard to age or sex.

Aggregate Points Trophies

Trophies will be presented for the highest total aggregate points for the season over all strokes including special events within each of the following Groups.

Male & Femal	e	
Junior	- 8 and under	

Intermediate	- 9 and 10
Senior	- 11 and 12
Open	- 13 and over

Aggregate Points will be awarded thus:

Time in Seconds (25m & 50m)	Points Awarded
More than 2.51 slower than best time	1
Between 1.51 & 2.50 slower than best time	2
Between 1.50 & 0.51 slower than best time	3
Between 0.00 & 0.50 slower than best time	4
Between 0.01 & 0.50 faster than best time	5
Between 0.51 & 1.50 faster than best time	6
Between 1.51 & 2.50 faster than best time	7
More than 2.51 faster than best time	8

NOTE: If a faster than best time is recorded, this time becomes the best time for future points. One point will be awarded for this first acceptable time.
Swimmers graduating to 50m in any stroke during the season will receive 3 points.

Points for aggregate trophies will cease on the last Club night of the season.

Club Night Special & Age Division Events

- To qualify, a competitor must be a 50m swimmer in that stroke (refer QUALIFYING TIMES). For 100m Individual Medley, the competitor must be at least a 50m swimmer in Freestyle. For 200m Individual Medley, he or she must be a 50m swimmer in all strokes.
- These events will be swum as per the program. Age division events will be presented to place-getters in the following categories as **age on block**.

Male & Female			
Junior - 8 and under			
Intermediate	- 9 and 10		
Senior	- 11 and 12		
Open	- 13 and over		

- In the event that Age Division Events are not held on the night programmed, the Committee may select another date suitable to the rest of the program.
- Club nights can only be cancelled at the pool by the Referee or members of the Executive in attendance. The Referee, at his/her discretion, may abandon any club night during the course of the program if he/she considers that the weather conditions will endanger the safety of the competitors.
- 3. When finishing or turning in Butterfly or Breaststroke swimmer/s must touch the wall with two hands together.
- 4. When finishing in Backstroke swimmer/s must be facing upwards.

Club Age Championships

- 1. Age for all Club Championships events to be swimmer's age on blocks
- 2. To be eligible for Club Age Championships, swimmers must be full financial and registered members and must have swum according to the following criteria:

If joined in first half of season-

- 1. In freestyle more than 50% of club season
- 2. Other strokes at least four swims

If joined in second half of season -

3. A minimum of 75% of nights in freestyle.

- 4. Other strokes at least two swims.
- 3. Consideration may be given by the Club Executive to members who fail to meet the above:
 - a. Those who can furnish proof of illness during the season
 - b. Those who can provide proof of participation in other compulsory school swimming carnivals
 - c. Any other extenuating circumstances acceptable to the Executive
- 4. All swimmers who nominate and who are eligible may swim in the Club Championship carnival. Swimmers will be 'automatically' placed in heats according to their best club time for each event, with the fastest qualifier in lane 3, second in lane 4, third in lane 2, etc.
- 5. Points for Age Championship finals will be as follows:

First	-	7 points
Second	-	5 points
Third	-	4 points
Fourth	-	3 points
Fifth	-	2 points
Sixth	-	1 point

Technical Rules

Referee

The Referee shall have full control and authority over all officials and swimmers and enforce all rules, as recommended by Queensland Swimming.

- 1. When the referee blows the whistle there will be complete quiet from swimmers and spectators.
- 2. The whistle will indicate that the race is ready to start and for the competitors to step up onto the block. They are now in the hands of the starter.

Note: The referee will blow the whistle twice for backstroke,

- the first indicates that swimmers should enter the water,
- the second is the signal to approach the 'blocks'.
- 3. No swimmer is to leave the water until instructed by the Referee.

STARTING Sequence

- 1. Stand behind allocated block
- 2. Referee blows whistle
 - Step on to block (or enter water for backstroke)
- 3. Starter announces race e.g. 50 m freestyle
- 4. Starter says "take your mark"
 - Stay still on the block
 - Prepare to dive
- 5. Start signal e.g. Buzzer sounds
 - Dive

For 25m swimmers the following "two start" procedure applies:

- 1. In the event of a false start, the starter shall recall the competitors by a second buzzer or a second blast of the whistle and the dropping of the false start rope.
- 2. At the first false start the referees shall remind the offending swimmer/s of not starting before the start signal.
- 3. If the false start is repeated, no matter if by the same swimmer or another swimmer/s the offending swimmer/s shall be disqualified. If the starting signal sounds before the disqualification is declared, the race
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shall continue and the swimmer/s shall be disqualified on the completion of the race. If the disqualification is declared before the starting signal, the gun shall not be fired but the remaining competitors shall be told to "stand up & stand down", reminded of the penalties and shall start again.

For 50m swimmers the following "one start" procedure applies:

- 1. In the event of a false start following the starting signal there will not be a recall of swimmers. (The swimmer who infringes will be disqualified at the conclusion of the race)
- Should a swimmer enter the water before the starting signal, he/she will be disqualified. The remaining swimmers will be told to "stand up & stand down". (No action will be taken if a swimmer overbalances, reacting to this command)

About Carnivals

Aim

- 1. To provide swimmers the opportunity to compete against other clubs in a competitive environment.
- 2. To encourage team building and strong camaraderie within club swimmers.

Wellers Hill State School Amateur Swimming Club is a competitive club dedicated to offering competition at all levels. When swimming for the club, we ask that Weller Hill caps be worn.

Please read the following carefully and you will understand how the carnivals work.

3 Way Meets

Three clubs come together to compete against each other at the Wellers Hill pool or away at another pool. Each club is only allowed 2 swimmers per event. The three clubs compete for points and, unless disqualified, every swimmer receives a point. At the end of the event the points are tallied and the club gaining the most points wins. Each club receives a trophy appropriate to their placing.

Dates for Carnivals for 2023-24 are:

Saturday 18 November 2023 – Southside Friendly

Saturday 9 March 2024 – Jubilee Shield

Criteria for 3 way meets:

"A" GRADE

The first and second swimmers in each age group and in each stroke are chosen to swim. If one of these swimmers are unavailable to swim, a third swimmer is chosen.

"A"GRADE RELAY

First, second, third and fourth swimmers in respective strokes make up the relay team.

"B" GRADE

The third and fourth swimmers are chosen and, if they are unavailable, the fifth swimmer is chosen.

"B" GRADE RELAY

Third, fourth, fifth and sixth swimmers make up the team relay.

SELECTION

The Head Coach chooses the teams for all 3 way meets. The swimming times from Club Nights and times recorded by the head coach from self-nominated swim meets are brought together to choose the best team possible for either an A Grade or B Grade meet.

Brisbane Swimming Association (BSA)

BSA is the governing body for the Brisbane Metropolitan Area of swimming clubs. BSA hold swim meets over the season where all the swimming clubs in the Metropolitan Area compete against each other.

Swimming Queensland (SQ)

Swimming Queensland is the State body for swimming clubs. SQ holds various swim meets over the season that tend to be orientated towards the better swimmer. SQ holds the State Championships.

More information about BSA & SQ meets are posted on the following sites:

www.brisswim.org.au/ & www.qld.swimming.org.au/

Age Championship Records

FREESTYLE							
		BOYS			GIRLS		
Age Group	Time	Swimmer	Year	Time	Swimmer	Year	
6 years/under	20.03	Will Hayes	2002	21.8	Janelle Boys	1974	
7 years	18.26	Will Hayes	2003	18.86	Kylie Barton	1981	
8 years	16.87	Will Hayes	2004	16.09	Jorja Rapata	2014	
9 years	34.58	Braden Mewing	2003	33.13	Jorja Rapata	2015	
10 years	32.27	Tom Bergin	2007	31.71	Danielle Rose	1993	
11 years	29.88	Zac Stubblety-Cook	2011	30.4	Catherine McMahon	1982	
12 years	29.5	Phillip Hawkins	2003	29.72	Brittany Ryan	2011	
13 years	27.12	Daniel Beitz	2017	29.37	Brittany Ryan	2012	
14 years	26.68	Michael Lewis	2002	28.6	Kate Corkran	1998	
15 years	26.4	Cameron Kennedy	1997	30.13	Samantha Firrell	2012	
16 years	26.76	Stuart Quarterman	1993	31.17	Monica Smith	1996	
17 years	30.68	Michael Cross	1998				
18 years & over	26.18	Stuart Quarterman	1999				

BREASTSTROKE

	BOYS GIRLS						
Age Group	Time	Swimmer	Year	Time	Swimmer	Year	
6 years/under	27.7	Travis Whitmore	1985	27.24	Caitlin Lewis	1996	
7 years	24.2	Scott Anderson	1979	24.6	Virginia Bolger	1980	
8 years	22.45	Conor Oslington-Elliot	2009	22.9	Judith Hudson	1967	
9 years	21.1	Zac Stubblety-Cook	2009	20.62	Bronwyn Littlewood	1990	
10 years	40.46	Zac Stubblety-Cook	2010	42.71	Merrin Wall	1993	
11 years	36.24	Zac Stubblety-Cook	2011	40.67	Aimee Murray	2005	
12 years	37.22	Brendan Mitchell	2004	39.23	Bronwyn Littlewood	1993	
13 years	36.06	Michael Lewis	2001	37.26	Samantha Firrell	2010	
14 years	34.23	Cameron Kennedy	1996	37.1	Samantha Firrell	2011	
15 years	33.59	Cameron Kennedy	1997	41.24	Monica Smith	1995	
16 years	33.69	Stuart Quarterman	1993	40.63	Monica Smith	1996	
17 years	40.05	Michael Cross	1998				
18 years & over	33.67	Stuart Quarterman	1998				

BACKSTROKE								
		BOYS			GIRLS			
Age Group	Time	Swimmer	Year	Time	Swimmer	Year		
6 years/under	26.54	Will Hayes	2002	26.34	Michaela Pattinson	1994		
7 years	21.66	Ashley Wilson - McConnel	1999	23.39	Michaela Pattinson	1995		
8 years	20.32	Chris Hughes	1995	19.24	Jorja Rapata	2014		
9 years	18.71	Chris Hughes	1996	17.29	Jorja Rapata	2015		
10 years	36.96	Tom Bergin	2008	35.77	Jorja Rapata	2016		
11 years	34.92	Zac Stubblety-Cook	2011	36.36	Aimee Murray	2005		
12 years	33.66	Phillip Hawkins	2003	34.84	Brittany Ryan	2011		
13 years	33.35 Brendan Mitchel		2005	34.61	Karen Hunt	1994		
14 years	rs 32.63 Patrick McInerney		2007	33.73	Kate Corkran	1998		
15 years	31.7	Stuart Quarterman	1992	35.54	Monica Smith	1995		
16 years	31.68 Stuart Quarterman		1993	35.59	Monica Smith	1996		
17 years	38.01	Michael Cross	1998					
18 years & over	31.02	Stuart Quarterman	1999					

	FLY

	BOYS			GIRLS		
Age Group	Time	Swimmer	Year	Time	Swimmer	Year
6 years/under	27.35	Michael Suiter	2019	24.16	Kate Bird	1991
7 years	21.22	Will Hayes	2003	21.47	Kate Bird	1992
8 years	19.68	Chris Hughes	1995	18.29	Katherine McCulloch	1999
9 years	17.84	Tom Hayes	1997	17.19	Katherine McCulloch	2000
10 years	36.01	Stephen Morton	1996	36.23	Jorja Rapata	2016
11 years	34.08	Zac Stubblety-Cook	2011	33.79	Brittany Ryan	2010
12 years	32.99	Phillip Hawkins	2003	31.43	Brittany Ryan	2011
13 years	30.79	Michael Lewis	2001	32.01	Brittany Ryan	2012
14 years	30.2	Michael Lewis	2002	30.6	Kate Corkran	1998
15 years	30.27	Stuart Quarterman	1992	35.31	Monica Smith	1995
16 years	29.58	Stuart Quarterman	1993	35.71	Monica Smith	1996
17 years	32.99	Tyson Hackwood	1990			
18 years & over	29.76	Stuart Quarterman	1998			

	Club And Meet Times Achieved						
Date	Free- style	Breast- stroke	Back- stroke	Butter- fly	Special	Name of Meet	